



正拳修道会小笠原派
SEIKEN SHUDO KAI KARATE DO
OGASAHARA-HA INTERNATIONAL

S.K.O.I.

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Seiken Shudokai Karate do Ogasahara-Ha International Sports Federation

TECHNICAL TEACHING REGULATIONS (Approved by the Board of Directors on 04/21/2024)

Art. 1 - Technical and Teaching Activities

The Technical-Didactic Regulations of the S.K.O.I. Sports Federation, approved by the Board of Directors on 04/21/2024, tends to standardize the Shito-Ryu style teaching methods of the Ogasahara-Ha line and impart directives for correct programming of the technical activity and teaching of the Federation.

Art. 2 - Hierarchy and Levels of technical competence. See attachment "A" - an integral part of this regulation.

Art. 3 - Saiko Shihan

The Saiko Shihan, the highest level in the aforementioned graduation table, is reserved exclusively for the Head of School and Superior Master, the highest technical guide of the Federation, appointed by the Board of Directors. He collaborates with the Board of Directors itself in the direction of technical and teaching activities by virtue of an annual assignment signed by the parties. The Saiko Shihan presides, together with the Shihan-Hanshi Shiahn-Kyoshi and Shihan-Renshi, the examination sessions for the passage of all the qualifications present and recognized in the table attached A, referred to in art. 2. He proposes to the Board of Directors the approval of technical examination programs and training seminars.

Art. 4 - Graduation levels for exams and awards

The Federation recognizes its members with two separate, but contiguous, possibilities for individual growth paths provided for in annex "A" of article 2, made up of twelve graduation levels (the thirteenth is reserved for Saiko Shihan). For each member, the complete path begins at the time of first registration in the Federation with the qualification that will be assigned by the Board of Directors and can be concluded until reaching the rank of Shihan-Hanshi (first level Dojo Master). The first path is reserved for members who intend with interest to study and deepen the study of Karate Shito Ryu in an exclusively personal way and do not intend to undertake the teaching path as a Master directly responsible for their own Dojo. The degrees from Kaiin to Shihan Dai Nintai Sho Hanshi (3rd level Master) are reserved for the first path. The graduation levels can be reached by each member through direct conferral by the Board of Directors or by passing the exam and good conduct, in the ways better specified in the following articles of this regulation. In the second path, the degrees from Shihan Nintai Sho Renshi to Shihan Hanshi are exclusively awarded directly by the Board of Directors. The award is addressed to all Masters who, having reached the rank of Shihan Dai Nintai Sho Hanshi, have distinguished themselves in a particular way for at least five years, as active spreaders of the prestige of the S.K.O.I. with every technical, educational and persuasive means, contributing to the growth and development of the members of the Federation. With the awarding of the degree of Shihan Nintai Sho Renshi, the School issues the dedicated black belt during official meetings.



Art. 5 - Individual path levels for exam

Kaiin (Member – Minimum age 14 years)

The qualification of Kaiin is received upon ratification by the Board of Directors following registration in the Federation

Fuku Shidoin (Instructor Assistant – Minimum age 18 years)

Two continuous years of membership and participation in at least one summer meeting

Shidoin (Instructor – Minimum age 21 years)

Three continuous years of membership and participation in at least two consecutive summer rallies

Shihan Dai Ninte Sho Renshi (3rd level basic master – Minimum age 25 years)

Four continuous years of membership and participation in at least three summer rallies (two of which are consecutive)

Shihan Dai Ninte Sho Kyoshi (3rd level Master-Intermediate – Minimum age 30 years)

Five continuous years of membership and participation in at least four summer rallies (two of which are consecutive)

Shihan Dai Ninte Sho Hanshi (3rd level Master – Minimum age 30 years)

Six continuous years of membership and participation in at least five summer rallies (three of which consecutive)

From Shihan Ninte Sho Renshi to Shihan Hanshi

Please refer to the reading of the Art. 4 - Graduation levels for exams and awards

Art. 6 - Advancement and recognition of Qualifications

Admission to the qualification advancement exam is subject to a written request (email or ordinary post) by the enrolled candidate, once the requirements set out in art. 5. The request will be forwarded to the Board of Directors, which will issue the authorization and schedule the exam date for the first possible summer meeting. The candidate must have no current or previous disciplinary actions, and possibly be rehabilitated by the Board of Directors.

Note Well: Maintaining your Qualification is subject to continuous membership in the Federation and effective participation in social activities. If the member position lapses, the validity of the qualification obtained during the period of stay in the Federation ceases for all purposes.

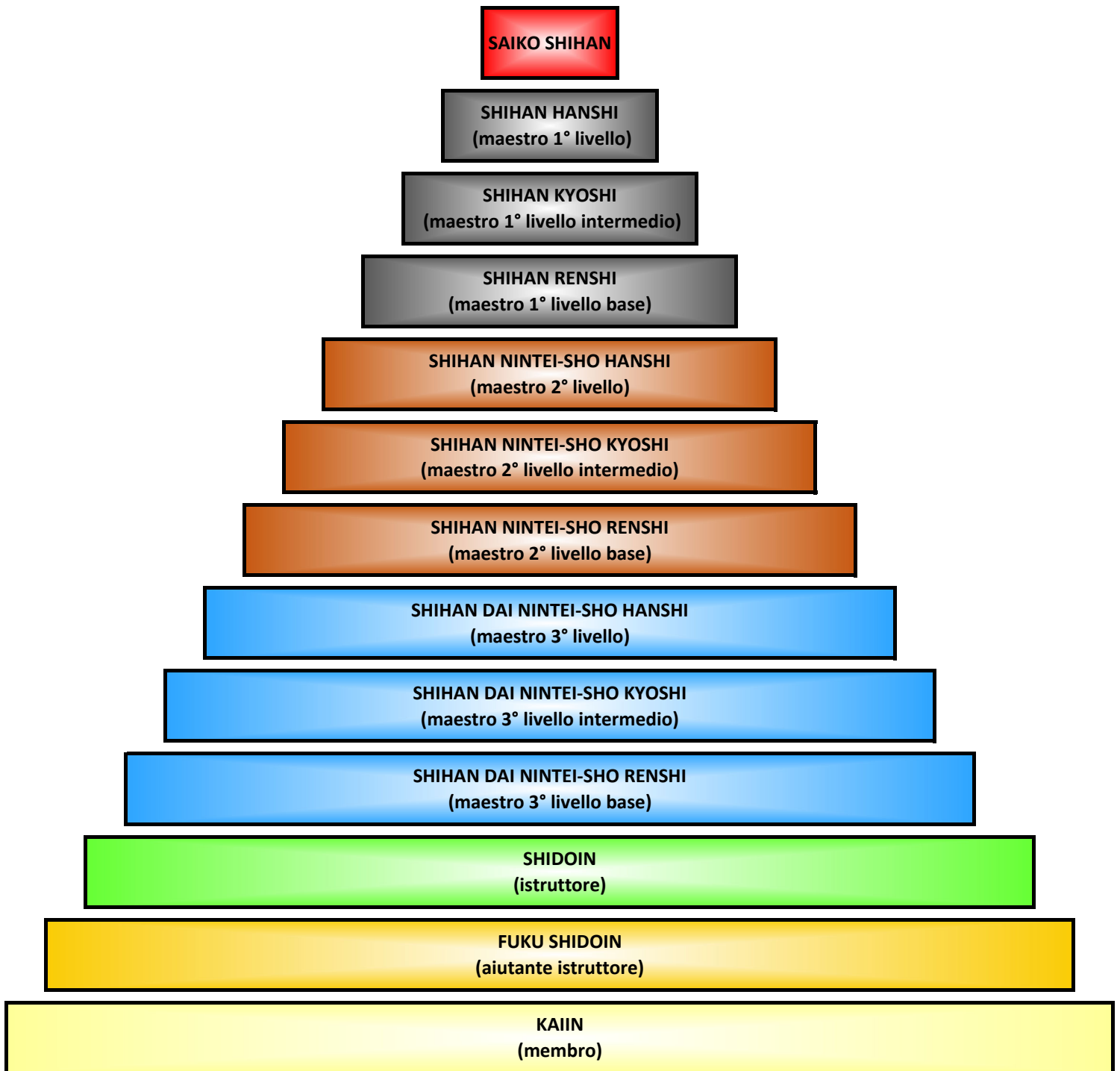
Art. 7 - Technical-Educational Programmes

The Technical-Didactic Programs in annex "B" - an integral part of this regulation, drawn up by the Technical Director (Saiko Shihan) and approved by the Board of Directors, must be performed and interpreted in the same way in all Dojos and at all levels. They are reserved for the activity of the Federation and disclosure to other bodies, associations, club federations or private citizens is prohibited.



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PROGRAM KIHON

KIHON ZUKI (Sonoba e Ido)

KIHON UKE (Sonoba e Ido)

DOJI ZUKI UKE (Sonoba e Ido)

KIHON ZUKI UKE

YAKUSOKU KIHON UKE ICHI

YAKUSOKU KIHON UKE NI

SHIHO ZUKI (Ipponme, Nihonme, Sanbonme, Shihonme, Gohonme, Ropponme)

SHIHO OIZUKI (Ipponme, Nihonme, Sanbonme, Shihonme, Gohonme, Ropponme)

KIHON UCHI (Sonoba e Ido)

YAKUSOKU KIHON UCHI

HIJIATE GOHON (Sonoba e Ido)

YAKUSOKU HIJIATE GOHON

KIHON GERI

KIHON TASSHI

KIHON KYOSHI

KIHON HANSHI

KIHON DOSA ICHI

KIHON DOSA NI

YAKUSOKU KUMITE PINAN (1, 2, 3, 4, 5)

KAKIE

MUCHIMIDI

FEDERAZIONE SPORTIVA SEIKEN SHUDO KAI KARATE-DO OGASAHARA-HA INTENATIONAL

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PROGRAM KATA

NAHA-TE

SANCIN
TENSHO
GEKISAI (1, 2)
SAIFA
SEIENCIN
SEISAN
SEIPAI
SHISOCIN
KURURUNFA
SANSERU
SUPARINPEI
PECHURIN

SHURI-TE

NAIFANCIN (1, 2, 3)
PINAN (1, 2, 3, 4, 5)
ITOSU NO ROHAI (1, 2, 3)
JITTE
JION
JIIN
WANSHU
MATSUKAZE
CINTE
CINTO
MATSUMURA NO SEISAN
BASSAI DAI
BASSAI SHO
MATSUMURA NO BASSAI
ISHIMINE NO BASSAI
KOSOKUN DAI
KOSOKUN SHO
GOJUSHIHO

TOMARI-TE

SOCIN (ARAGAKI)
NISESHI (ARAGAKI)
UNSHU (ARAGAKI)
MATSUMORA NO ROHAI
TOMARI NO BASSAI
TOMARI NO WANSHU
ANANKO DAI
ANANKO SHO
CHATANYARA KUSHANKU

MABUNI

JUROKU
AOYAGI
MYOJO
SHINSEI
SHINPA
SHIHO KOSOKUN

CINESE

HAFFA
HAKKAKU
NIPAPO
NEPAI
PAPUREN (1, 2, 3)